



## Culinary & Agricultural Day Trips

Locally, there are many markets and shops to peruse if you are interested in cooking with some of our area's best fresh and organic produce if you want to pick up some unique kitchen-ware. Be sure to check your area TV listings for our gourmet cooking show, *The Chef's Kitchen* (FMI, see [chefs.kitchen.tv](http://chefs.kitchen.tv)), which features unique recipes and cooking methods. Also nearby our resort are numerous farms where you can "pick your own" crops or just learn more about our state's agriculture - because even though the sea is one of our region's greatest agricultural providers, venturing inland will bring you to some interesting places where you can learn first-hand about Maine's produce.

**\*\*\* Area Culinary Shopping \*\*\***

*The best places to shop for quality cookware and specialty products...*

### **Well-Tempered Kitchen - Waldoboro**

A kitchenware store fully stocked with the finest cookware, bakeware, knives, cookbooks, dinnerware, & linens; tools to make your cooking and entertaining easier and sometimes even lots more fun. 207-563-5762.

### **Rising Tide Natural Foods - Damariscotta**

Rising Tide Community Market is a member owned natural foods cooperative in nearby Damariscotta. Committed to providing local, natural and organic food to the Mid-Coast community, their grocery department provides a full line of goods, many produced here in Maine. Rising Tide's produce section is 100% organic and in season, reflecting a wide variety of locally grown items from a number of small local farms. 207-563-5556.

### **Now You're Cooking - Bath**

Now You're Cooking, located in historic downtown Bath, Maine, offers you will a large selection of fine cookware including items from Le Creuset, All-Clad, Kitchen-Aid, Viking, Cuisinart, and Wusthof; they supply over 500 labels in the wine and beer department as well as specialty teas, coffee, and condiments. Also, a large assortment of kitchen tools and accessories including the "wall o'gadgets" are available. Now You're Cooking hosts cooking classes, weekly product demonstrations and monthly wine tastings. Be sure to visit their website ([acooksemporium.com](http://acooksemporium.com)) for dates and topics that interest you. 207-443-1402.

**\*\*\* Fresh Maine Seafood \*\*\***

*Maine is famous for its wide selection of seafood found off the coast- here are the hot-spots to hit to if you're craving something fishy to cook.*

### **Glidden Point Oyster Sea Farm - Edgecomb**

Glidden Point Oyster Company is a family owned sea farm growing oysters in a very natural & pristine setting, using no machinery or processing equipment - everything is done meticulously by hand. Their cultured oysters are well known around the world for their uniform size and shape, deep shell cup, and superb freshness. The flavor is distinct and complex - briny yet sweet, and has come to be recognized as a favorite of oyster connoisseurs. Gourmet presentations using Glidden Points have been noted for their elegance and visual appeal as well as for their culinary excellence. (We serve Glidden Points here at Bintliff's Ocean Grille - they're delicious!) 207-633-3599.

### **Simpson's Oceanfresh Seafood - Wiscasset**

Serving you the finest quality Maine seafood, Simpson's offers: **Shellfish:** Lobster, Shrimp, Clams, Mussels; **Smoked Products:** Shrimp, Mussels, Salmon, Trout; **Picked Meats:** Lobster, Crab; Simpson's will ship any product. 207-882-9667.

### **\*\*\* Maine Farmer's Markets \*\*\***

*Our neighboring towns boast a number of farmer's markets seasonally... check these out for the freshest picked produce and tastiest baked goods around!*

### **Damariscotta Area Farmer's Market - Damariscotta**

From May through October, this farmer's market offers not only fresh vegetables, seedlings and fruits, but also cheeses, breads, deserts, pies, cookies, fresh cut flowers, chicken, lamb and even gourmet dog treats. Why shop anywhere else? 207-737-8834.

### **Bath Farmer's Market - Bath**

This is truly a wonderful market (open May 5 - October 31) where neighbors meet neighbors and children play in the park - it is located at the waterfront park on the beautiful Kennebec River. Fourteen vendors strive to produce the best quality products in the state for your culinary delight. Several of the vendors are organic producers; products you will see at the Bath Market include fresh fruit and berries, sweet corn, tomatoes, greens, potatoes, chicken, eggs, bakery items and perennials, all in season. 207-582-2213 or 207-443-5186.

### **On The Town Market - Boothbay**

Open Thursday mornings (May - October) 9 'til noon, rain or shine, this market offers a variety of fresh meats, baked goods, fruits and vegetables, dairy, eggs, cheeses and cut flowers, in addition to fiber goods and other craft items. 207-563-1076.

### **Brunswick Farmer's Market - Brunswick**

Right on Maine Street in Brunswick on Tuesdays and Fridays (May 1 - November 20), you will find cheese, lobster, fresh berries & fruits, poultry, eggs, cut flowers, crafts, bedding plants, trees, shrubs, honey, cider, jams, relishes, pickles, maple syrup, herbs, perennials, baked goods. 207-966-2363.

### **Crystal Springs Farmer's Market - Brunswick**

Located on a real working farm, owned and run by the Brunswick-Topsham Land Trust, Crystal Springs Market features a great number of products such as fresh in season fruits and vegetables, artisan breads and cheeses, meats, eggs, plants and flowers, honey and maple products and Maine-made crafts and fibers. There are great hiking trails on the property, too. The Market is open to the public on Saturdays 8:30-12:30, May - November. 207-846-4319.

### **\*\*\* "Pick Your Own" \*\*\***

*Some nearby farms to visit if you would rather pick your own fresh Maine produce...*

### **Popp Farm - Dresden**

Pick your own strawberries, cranberries, peas and beets. Open daily in season (autumn). 207-737-4351.

### **County Fair Farm - Jefferson**

Pick your own fresh apples, pumpkins and flowers at County Fair's pond-side garden. On the weekends the farm provides family wagon rides to the Orchards. Open daily from 9 am - 6 pm, in season (apples: September-October, pumpkins: October). 207-549-3536.

**Biscay Orchards - Damariscotta**

Biscay Orchards allows visitors to roam the orchards for fresh apples & pumpkins (Daily in September & October), or you can peruse their gift shop for cider, pies, jams, honey and syrup. 207-563-3026.

**Crummett Mountain Farm - Somerville**

Here you can pick your own organic wild blueberries. Fields are open July - Labor Day. Call for hours. 207-549-7314

*\*\*\* Maine Maple Syrup \*\*\**

*Keep in mind that the fourth Sunday of every March is "Maine's Maple Sunday," when area maple syrup farms open their doors to give farm tours and tastings.*

**Snell Family Farm - Buxton**

A few miles west of Portland, this farm is open daily year-round for maple syrup tours and "pick your own." Visit their website ([snellfamilyfarm.com](http://snellfamilyfarm.com)) FMI. 207-929-6166 or 207-929-5318.